



GENESIS
-HEALTH REVOLUTION-

← *Recipe Card* →

STRAWBERRY- PINEAPPLE PANCAKE AND WAFFLE TOPPING

INGREDIENTS:

- 1-12 oz bag of frozen organic strawberries
- 1/4-1/2 C 100% pineapple juice (not concentrate)
- Pinch of salt
- 1/2-1 TBS cornstarch
- 1-2 tsp liquid sweetener (honey, agave, maple syrup)- optional

DIRECTIONS:

- Add frozen strawberries, pineapple juice, salt, and cornstarch into a saucepan, mashing strawberries as they cook.
- Stir frequently until thick and juicy.
- Add optional sweetener if needed.
- Serve over pancakes, waffles, crepes, or in a parfait.



