



GENESIS
-HEALTH REVOLUTION-

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Tropical Fruit Smoothie

- 1 Golden Mango
- 2/3 C +/- SWEET frozen pineapple
- 3" +/- slice ripe fresh papaya, peeled
- 2 kale leaves, rib removed
- 1/2 Scoop Sun Warrior protein powder, opt
- Unsweetened milk, enough to blend smooth (approx 2 C)

DIRECTIONS:

- Blend all together until smooth, top with raw granola.



